

# LIVING IN HARMONY WITH WHO YOU ARE



# Foreword

When do you need to say that you have to let go and surrender? It is true that human's life is unpredictable. No one knows what will happen in the near future. As a director of your own life, you have to know when to give up and when to fight. But, it is easier said than done. Like others, it is hard for you to face the reality. Get all the info you need here.

# **Chapter 1:**

## ***Why Do We Need To Improve***

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### **Synopsis**

Sometimes, life is out of control. During these unwanted situations, you have no choice but to surrender. Without any question, you will just accept the fact that you lose.

However, surrendering is not about giving up. It is an art of allowing other beautiful things to come within. Believe it or not, surrendering is a not a sign of weakness, but rather a strength.

## **The Basics**

However, it doesn't mean that when you have problems in life, you will easily give up. As long as you can and you are on a right side, you have to fight for whatever situation.

You only need to give up if you think that there is no other means but to surrender. But, before you surrender, you have to ask yourself. What do you want to give up? Is it your career, relationship or what? Are you ready to face its consequences?

If you want to know the real meaning of allowing and surrendering, this book serves as your guide. From its basic principles to its underlying secrets, all of them can be fully identified. All you have to do is to sit back and learn how this art of allowing and surrendering affects your life!